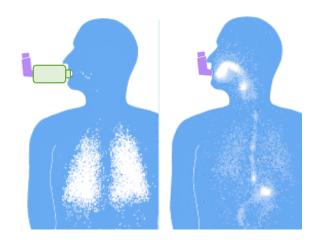
Spacers + Inhalers for Asthma Easy as 1 – 2 – 3!

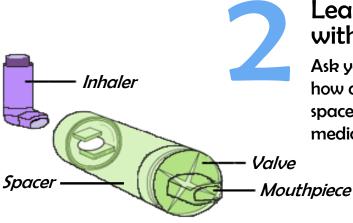
Get a prescription for a spacer from your doctor.

Using a spacer means that you will get more of the medicine in your lungs where it's needed. Michigan Medicaid plans allow 4 spacers every year from the pharmacy. The pharmacist can call your insurance for more information.





Medicaid plans pay for rides to and from doctor visits and the pharmacy.



Learn how to use your inhalers with your spacer.

Ask your doctor or pharmacist to show you how and when to use your inhalers with the spacer. Bring your spacer and all of your medications to each doctor visit.

Use your spacer every time you use your inhalers!

Keep your rescue inhaler and spacer with you at all times! Use the spacer with your long-term controller inhaler if it needs it.



Learn more at GetAsthmaHelp.org/spacers



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